

	HIGH CHOLESTROL: HOMEOPATHIC APPROACH	
	DR. RONAK SHAH'S DIVINE HOMEOPATHY Restoring Vitality SINCE 1991 M.D.(HOM.) 9825050054 dr-ronakshah.com	

HIGH CHOLESTEROL: HOMEOPATHIC APPROACH

Cholesterol is a fatty or wax-like substance present in the blood that is essential for the normal functioning of the body. The normal required level of cholesterol in the blood is less than 200 mg/dL. When the cholesterol in the blood exceeds this limit, it is known as high cholesterol. It does not show any symptoms until cholesterol accumulates in the blood vessels. When cholesterol accumulates in the arteries, its lumen contracts and hardens, known as arteriosclerosis. As a result of this, the blood supply to various organs is blocked and this causes many symptoms depending on the location and the extent of obstruction.

- When the heart's blood supply decreases due to narrowing of the carotid arteries (the arteries that supply blood to the heart muscles), it causes chest pain and difficulty in breathing.
- A heart attack occurs when the coronary arteries are completely closed. When the blood supply to the brain is blocked, brain damage occurs that leads to paralysis symptoms or the consequences of memory loss.
- When the vessels that carry blood from the heart to the foot are constricted or blocked, peripheral arterial disease (PAD) occurs in the foot or lower limbs by the formation of fatty plaques in the arteries.

Homeopathic approach to high cholesterol

There are many natural remedies in homeopathy which greatly help in reducing the high cholesterol level in the blood. If homeopathic treatment is started early then the normal level can be fully achieved and maintained. Homeopathic therapy can help in maintaining blood vessel function and healthy circulatory system. People who are on other allopathic or Ayurvedic medicines can also safely take homeopathic medicines. These medicines work in two ways for patients with high cholesterol.

1. These natural remedies are the first to reduce LDL cholesterol and triglycerides, increase HDL cholesterol, prevent plaque formation, lower high blood pressure, detoxify the body and also boost your immune system. and
2. They have the underlying power to dissolve cholesterol, which clings to the walls of the arteries and constricts their lumen. Symptoms such as chest pain, palpitations and shortness of breath can also be effectively controlled through the use of natural medicines.

Medications that work best for the patient are always selected based on the symptoms described by each person. Such as Allium Sativa, Aurum Met, Calcaria CarV, Nux vomica, Cratagus oxycantha, Baryta Mur, Strophanthus hispidus.